

GROWTH MINDSET

This workshop is based on the principles of cultivating positive habits in children and young people that will help them at school, with their peer relationships and the adults around them.

Suitable for Year 7 parents.

These habits have been shown to help

- Manage learning, schoolwork and relationship building that will set them up for success beyond school.
- These are life skills that supports children and young people to successfully manage the challenges they face every day.

To attend this workshop parents are requested to register using the link below:

Parent registration link:

[MHST PARENT REGISTRATION FORM Growth Mindset- Online – Fill in form](#)

Alternatively, you can scan the **QR code** to register



Once the registration is complete you will receive further details of the workshop.



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Promoting hope & wellbeing **together**