



Brentford School for Girls – Weekly Menu 5th October 2026 week 5

	World Food Monday	Italian Tuesday Halal	Surprise! Wednesday	Little bit of spice Thursday Halal	Fish Friday
Main Course	Chicken red Thai curry with rice	Spaghetti Bolognaise with garlic bread	Sausage in Onion Gravy with creamy mash potato	Barbecue Chicken with Pilau rice	Fish & chips
Vegetarian	Vegetable Thai red curry with rice	Vegetable Spaghetti Bolognaise with garlic bread	Vegan Quorn sausage in onion gravy with mash potato	Spanish rice with coleslaw	Cauliflower and Broccoli bake
	Mixed salad Sweetcorn & peas	Mixed salad	Carrots Mixed salad	Mixed salad Mixed Vegetable	Baked beans Mixed salad
Dessert	Fresh fruit Cookies	Fresh fruit Ice cream	Fresh fruit Watermelon	Fresh fruit Yoghurt	Fresh fruit
Available Daily	Sandwiches (Halal) Chicken Wrap (Halal) Jacket Potato Water Fruit Juice	Sandwiches (Halal) Chicken Wrap (Halal) Jacket Potato Water Fruit Juice	Sandwiches (Halal) Chicken Wrap (Halal) Jacket Potato Water Fruit Juice	Sandwiches (Halal) Chicken Wrap (Halal) Jacket Potato Water Fruit Juice	Sandwiches (Halal) Chicken Wrap (Halal) Jacket Potato Water Fruit Juice