



## Brentford School for Girls – Weekly Menu 28<sup>th</sup> September 2026 week 4

|                 | World Food<br>Monday                                                                   | Italian<br>Tuesday<br>Halal                                                            | Surprise!<br>Wednesday                                                                 | Little bit of spice<br>Halal                                        | Fish<br>Friday                                                      |
|-----------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------|
| Main Course     | Katsu chicken curry<br>with rice                                                       | Beef Lasagne with<br>garlic bread                                                      | Road chicken<br>with roast potatoes                                                    | Coconut chicken<br>curry with rice                                  | Fish fingers and<br>chips                                           |
| Vegetarian      | Vegetable katsu<br>Curry with Rice                                                     | Vegetable Lasagne<br>with garlic bread                                                 | Roast Quorn fillet<br>with roast potatoes                                              | Vegetarian coconut<br>curry with rice                               | Macaroni cheese                                                     |
|                 | Mixed salad<br>Green beans                                                             | Mixed salad                                                                            | Mixed salad<br>Broccoli                                                                | Carrots<br>Mixed salad                                              | Baked beans<br>Mixed salad                                          |
| Dessert         | Fresh fruit<br>Fruit flapjack                                                          | Fresh fruit<br>Honey Dew Melon                                                         | Fresh fruit<br>Lemon cake                                                              | Fresh fruit<br>Brownie                                              | Fresh fruit                                                         |
| Available Daily | Sandwiches (Halal)<br>Chicken Wrap<br>(Halal)<br>Jacket Potato<br>Water<br>Fruit Juice | Sandwiches (Halal)<br>Chicken Wrap<br>(Halal)<br>Jacket Potato<br>Water<br>Fruit Juice | Sandwiches (Halal)<br>Chicken Wrap<br>(Halal)<br>Jacket Potato<br>Water<br>Fruit Juice | Sandwiches<br>Chicken Wrap<br>Jacket Potato<br>Water<br>Fruit Juice | Sandwiches<br>Chicken Wrap<br>Jacket Potato<br>Water<br>Fruit Juice |