



Contact your School Nursing Service:

ChatHealth Text Messaging Service (11–19-year-olds): 07507 333176

Parentline Text Messaging Service: 07312 263080

HRCH.HounslowSchoolNurses@nhs.net

Or leave a message on 0203 808 3382

Referrals can be made by anyone (including school staff, parents / carers, young people, GP)

www.westlondon.nhs.uk/our-services/hounslow-community-healthcare/childrens-services/school-nursing-hounslow

Hounslow School Nursing Service can offer support on health and wellbeing related topics such as:

Sleep

Growth / Development

Emotional Wellbeing

Oral Health

Physical Wellbeing / Activity

Alcohol / Drugs

Keeping safe

Day / Night-time Wetting

Medical Conditions

Appetite / Diet

Growing up / Puberty

Sexual Health