



PERSONAL DEVELOPMENT

NEWSLETTER - SUMMER TERM 2025

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WELCOME TO THE FINAL EDITION OF THE PERSONAL DEVELOPMENT NEWSLETTER OF THE YEAR. IN THIS EDITION WE HAVE MORE INFORMATION ABOUT WHAT IS GOING ON IN THE SCHOOL TO HELP DEVELOP OUR STUDENTS INTO THE BRENTFORD GIRL OF THE FUTURE,

PERSONAL DEVELOPMENT IS IMPORTANT FOR ALL STUDENTS TO CONSIDER WHEN GIVEN OPPORTUNITIES AT SCHOOL. WHETHER IT BE EXTRA-CURRICULAR CLUBS, TRIPS OR VISITS, ACCESSING BLOSSOM LESSONS, CAREERS ADVICE OR ANY OTHER OPPORTUNITIES IN THE SCHOOL IT IS IMPORTANT TO BUILD MEMORIES AS WELL AS PROVIDING AN ANSWER TO THAT INTERVIEW QUESTION "TELL ME A LITTLE BIT ABOUT YOURSELF".

THE CONTENTS OF THIS NEWSLETTER SHOWCASES WHAT THE SCHOOL DOES TO: -

- CELEBRATE EDUCATION AND ACHIEVEMENT
- BUILD SOCIAL CONFIDENCE
- DEVELOP SOCIAL AWARENESS AND EMPATHY
- BUILD AMBITION AND DIRECTION
- CREATE AN ABILITY TO CHALLENGE AND NOT ALWAYS DO 'JUST ENOUGH TO GET BY'- ASPIRING TO BE THE BEST YOU CAN BE!

MR MAY
ASSISTANT HEAD



BLOSSOM

BULLETIN



THE FINAL HALF TERM OF THE ACADEMIC YEAR, IT'S A BRILLIANT TIME TO REFLECT ON JUST HOW MUCH OUR STUDENTS HAVE ACHIEVED. FROM OPEN AND THOUGHTFUL DISCUSSIONS TO REFLECTIVE WRITTEN WORK, THIS HAS BEEN A YEAR OF GROWTH, MATURITY, AND REAL EFFORT. OUR YOUNG PEOPLE CONTINUE TO IMPRESS US WITH THEIR CURIOSITY AND COMPASSION – TACKLING COMPLEX TOPICS WITH SENSITIVITY, HUMOUR, AND INTEGRITY.

TOPICS LAST HALF TERM IN BLOSSOM



YEAR 7 HEALTHY EATING

LEARNING ABOUT THE IMPORTANCE OF A BALANCED DIET, NUTRITIONAL CHOICES, AND THE INFLUENCE OF ADVERTISING AND MEDIA ON FOOD DECISIONS.

YEAR 8 FAMILY RELATIONSHIPS

EXPLORING THE DIFFERENT TYPES OF FAMILIES, HEALTHY COMMUNICATION, AND WHAT RESPECTFUL RELATIONSHIPS LOOK LIKE AT HOME AND BEYOND.

YEAR 9 CONSENT

A CRUCIAL TOPIC DELIVERED WITH CARE, HELPING STUDENTS UNDERSTAND BOUNDARIES, RESPECT, AND THE LEGAL AND EMOTIONAL ASPECTS OF CONSENT.

YEAR 10 SEXUALLY TRANSMITTED INFECTIONS (STIS)

HONEST, FACTUAL SESSIONS COVERING DIFFERENT TYPES OF STIS, HOW THEY ARE TRANSMITTED AND PREVENTED, AND WHERE TO ACCESS SUPPORT.

YEAR 12 RELATIONSHIPS, VALUES & CONSENT

SIXTH FORMERS HAVE BEEN REFLECTING ON PERSONAL VALUES, HEALTHY RELATIONSHIPS, AND POWER DYNAMICS – ENCOURAGING CONFIDENT, INFORMED DECISION-MAKING.

BLOSSOM

BULLETIN

TOPICS THIS HALF TERM IN BLOSSOM

YEARS 7, 9 & 10 CAREERS

FUTURE-FOCUSED SESSIONS ON ASPIRATIONS, EMPLOYABILITY SKILLS, AND PLANNING NEXT STEPS IN EDUCATION AND TRAINING.

YEAR 8 ONLINE SAFETY

A CLOSER LOOK AT HOW TO STAY SAFE ONLINE, MANAGE DIGITAL WELLBEING, AND RECOGNISE RISKS LIKE GROOMING, SCAMS, AND MISINFORMATION.

YEAR 12 MEDIA LITERACY

UNDERSTANDING HOW MEDIA MESSAGES SHAPE OUR THINKING, HOW TO FACT-CHECK, AND HOW TO ENGAGE CRITICALLY WITH CONTENT IN A DIGITAL WORLD.

A NOTE ON STRESS – SUPPORTING OUR STUDENTS DURING EXAM SEASON

WE KNOW THIS TIME OF YEAR CAN FEEL OVERWHELMING – FOR STUDENTS AND PARENTS ALIKE. WHETHER IT'S YEAR 10 ASSESSMENTS OR YEAR 12 EXAMS, STRESS IS A NATURAL RESPONSE TO PRESSURE. HOWEVER, IT DOESN'T HAVE TO TAKE OVER. ENCOURAGE REGULAR BREAKS, PLENTY OF SLEEP, LIGHT EXERCISE, AND STAYING CONNECTED WITH FRIENDS OR FAMILY. LITTLE THINGS LIKE BREATHING EXERCISES OR EVEN A SHORT WALK CAN HELP RESET THE MIND. AND REMEMBER – PROGRESS MATTERS MORE THAN PERFECTION. WE'RE HERE TO SUPPORT EVERY STEP OF THE WAY.

LEADERSHIP

AT BSFG



AT BRENTFORD SCHOOL FOR GIRLS, WE HAVE A RANGE OF LEADERSHIP OPPORTUNITIES. BEING A SMALL GIRLS SCHOOL WE FIND THAT A RANGE OF DIFFERENT STUDENTS TAKE UP THESE OPPORTUNITIES TO DEVELOP CONFIDENCE AND SKILLS TO FULFIL THEIR POTENTIAL AS THE FUTURE "BRENTFORD GIRL".

THIS WAS FURTHER STRENGTHENED WITH THE ADDITION OF YEAR 8 HUB AMBASSADORS AND YEAR 7 PERSONAL DEVELOPMENT AMBASSADORS TO OUR PORTFOLIO OF LEADERSHIP ROLES.

THESE ROLES TAKE A NUMBER OF DIFFERENT RESPONSIBILITIES. THESE INCLUDE HELPING AT OUR OPEN EVENTS, MENTORING STUDENTS, SUPPORTING NEW STUDENTS TO THE SCHOOL, HELPING AROUND THE SCHOOL AND VOLUNTEERING IN LOCAL PRIMARY SCHOOLS.



IN MAY, WE WERE DELIGHTED TO INVITE THE ROYAL NAVY TO OFFER TRAINING TO ALL STUDENTS WHO ARE IN LEADERSHIP POSITIONS OR THOSE WHO HAVE BEEN IDENTIFIED AS POTENTIAL LEADERS OF THE FUTURE.



IN SUMMER TERM 2, THE PROCESS OF CHOOSING NEW PREFECTS AND HOUSE CAPTAINS WILL BEGIN. PLEASE ENCOURAGE YOUR DAUGHTERS' TO APPLY!



BSFG CAREERS

PAVING THE WAY TO SUCCESS



IN FEBRUARY, WE WERE DELIGHTED TO BE GIVEN THE OPPORTUNITY TO HOST A WOMEN IN BUSINESS EVENT IN PARTNERSHIP WITH THE WEST LONDON CHAMBERS OF COMMERCE.

ATTENDED BY FEMALE ENTREPRENEURS IN WEST LONDON, THIS WAS AN OPPORTUNITY TO SHOWCASE BSFG AND OUR INCREDIBLE STUDENTS, WHILST CONTINUING TO RAISE OUR PROFILE AND BUILD SUCCESSFUL PARTNERSHIPS IN THE COMMUNITY.

WE HAD SOME INCREDIBLE SPEAKERS ON OUR PANEL, INCLUDING OUR OWN EXECUTIVE HEADTEACHER, MS LEENDERS, AND BSFG ALUMNI. SPEAKERS SHARED THEIR STORIES AND CAREER JOURNEYS WITH THE AIM OF INSPIRING OUR STUDENTS TO BECOME THE NEXT GENERATION OF WOMEN IN BUSINESS.

THE FEEDBACK WE RECEIVED FOLLOWING THE EVENT WAS INCREDIBLY POSITIVE. MANY OF THE VISITORS COMMENTED ON HOW IMPRESSED THEY WERE WITH OUR STUDENTS AND THE INSIGHTFUL AND CONSIDERED QUESTIONS THE STUDENTS HAD PREPARED FOR THE PANEL OF SPEAKERS. WE ARE HOPING TO HOST ANOTHER EVENT IN THE FUTURE.



IT'S BEEN A BUSY TERM IN THE CAREERS DEPARTMENT WITH A WIDE RANGE OF CAREERS RELATED EVENTS FOR OUR STUDENTS.

IN JANUARY, WE HELD OUR ANNUAL CAREERS & HIGHER EDUCATION FAIR—A FANTASTIC OPPORTUNITY FOR STUDENTS TO EXPLORE THEIR OPTIONS IN FURTHER EDUCATION AND THE WORLD OF WORK AND TO ENGAGE WITH INSPIRING PROFESSIONALS. WE HAD 20+ UNIVERSITIES, APPRENTICESHIP PROVIDERS AND BUSINESSES FROM ACROSS THE UK AT THE FAIR AND STUDENTS FROM EACH YEAR GROUP ATTENDED.

OUR STUDENTS REALLY ENGAGED WITH THE UNIVERSITIES AND COLLEGES, EXPLORING THE DIFFERENT COURSES AND OPTIONS AVAILABLE AND ASKING SOME BRILLIANT QUESTIONS!

STUDENT FEEDBACK FROM THE CAREERS DAY INCLUDED:

"I HAVE LEARNED THAT ANYTHING IS POSSIBLE IF YOU THINK IT IS. FOLLOW YOUR PASSION BECAUSE IT WILL LEAD TO SUCCESS"

"I DISCOVERED NEW UNIVERSITIES THAT I HADN'T HEARD OF BEFORE AND WE GOT TO EXPLORE ALL THE STANDS AND IT WAS EXCITING TO SEE THE DIFFERENT DEGREES THEY OFFERED"

"I LEARNT THAT THERE ARE LOTS OF JOBS YOU COULD DO WITH SUBJECTS LIKE SCIENCE E.G. ROCKET SCIENTIST"





BSFG CAREERS

PAVING THE WAY TO SUCCESS



IN MARCH WE HELD OUR YEAR 8 CAREERS DAY WITH THE AIM OF HELPING OUR STUDENTS TO START THINKING ABOUT THE WIDE RANGE OF CAREER OPTIONS AVAILABLE TO THEM.

THE STUDENTS TOOK PART IN DIFFERENT ACTIVITIES RELATING TO CAREERS AND POST SCHOOL OPTIONS INCLUDING EXPLORING THE UNIFROG EDUCATIONAL/CAREERS PLATFORM, TAKING PART IN A BUSINESS ENTERPRISE TASK TO GIVE STUDENTS A TASTER OF THE WORLD OF BUSINESS AND AN INTRODUCTION TO UNIVERSITY. THEY FINISHED THE DAY WITH A SPEED NETWORKING EVENT, WHERE THEY WERE GIVEN THE OPPORTUNITY TO SPEND 5 MINUTES TALKING TO ENTREPRENEURIAL WOMEN IN BUSINESS IN ORDER TO GAIN INSIGHT INTO THEIR CAREERS AND HOW THEY GOT THERE. THIS WAS FOLLOWED BY A REFLECTION OF THE DAY AND A LETTER TO THEIR 'FUTURE SELF'!

THE STUDENTS REALLY ENGAGED WITH THE ACTIVITIES THROUGHOUT THE DAY AND GAINED VALUABLE INSIGHT INTO THEIR FUTURE OPTIONS.

"I LEARNT A LOT ABOUT UNIVERSITIES AND WHAT GCSEs I WOULD NEED TO TAKE FOR CERTAIN CAREER PATHS. SPEED NETWORKING HELPED ME TO UNDERSTAND SUCCESSFUL PEOPLE AND WHAT THEY DID AT MY AGE TO HELP THEM BECOME WHO THEY ARE"

"WE LEARNT ABOUT OUR FUTURE AND WHAT PATH WE WOULD LIKE TO TAKE SUCH AS EITHER GOING TO UNIVERSITY OR GOING TO TAKE AN APPRENTICESHIP"

IN ADDITION TO THE SCHOOL EVENTS, WE HAVE BEEN RUNNING LUNCHTIME ALUMNI PRESENTATIONS; INVITING SOME OF OUR IMPRESSIVE BSFG ALUMNI TO TALK TO OUR STUDENTS ABOUT THEIR CAREER PATHS AND JOURNEYS. THE STUDENTS HAVE REALLY ENGAGED WITH THESE SESSIONS AND FOUND THEM MOTIVATING AND INSPIRING!

AS WE MOVE INTO THE SUMMER TERM, EVENTS INCLUDE A MOCK INTERVIEW DAY FOR OUR YEAR 10s ON FRIDAY 13TH JUNE, GIVING STUDENTS THE OPPORTUNITY TO LEARN AND PRACTICE INTERVIEWING TECHNIQUES, YEAR 12 WORK EXPERIENCE AND A CAREERS DAY FOR OUR YEAR 7s ON 2ND JULY.



WE'RE DELIGHTED TO BE CONTINUING OUR COLLABORATION WITH INNERVATE CAREERS, PROVIDING ONGOING, PERSONALISED CAREERS GUIDANCE FOR OUR STUDENTS. THIS COLLABORATION WILL OFFER TAILORED, ONE-TO-ONE SESSIONS DESIGNED TO HELP STUDENTS EXPLORE THEIR STRENGTHS AND MAKE INFORMED CHOICES ABOUT THEIR FUTURE.

FOR MORE ABOUT THE SUPPORT THEY OFFER, VISIT:
[INNERVATECAREERS.CO.UK](https://innervatecareers.co.uk)

AS PART OF OUR ONGOING CAREERS PROGRAMME, THE CAREERS GOOGLE CLASSROOM REMAINS AVAILABLE FOR EACH YEAR GROUP. THESE ARE REGULARLY UPDATED WITH:

- INFORMATION ON COLLEGE AND UNIVERSITY OPEN DAYS
- ONLINE CAREERS EVENTS AND WEBINARS
- WORK EXPERIENCE OPPORTUNITIES AND MORE!

IF YOU HAVE ANY QUESTIONS REGARDING CAREERS, PLEASE SPEAK TO MS CROFT, THE SCHOOL'S CAREERS LEADER.

DIVERSITY

8

DIGEST

CELEBRATING DIVERSITY WEEK AT BSFG 31ST MARCH - 4TH APRIL 2025

AT THE END OF LAST TERM, OUR SCHOOL COMMUNITY CAME TOGETHER TO CELEBRATE DIVERSITY WEEK — A VIBRANT AND INSPIRING SERIES OF EVENTS THAT EMBRACED THE CULTURES, IDENTITIES, AND VOICES THAT MAKE OUR SCHOOL SO UNIQUE. DIVERSITY WEEK WAS A POWERFUL REMINDER OF THE IMPORTANCE OF INCLUSION, UNDERSTANDING, AND RESPECT

THE WEEK KICKED OFF ON MONDAY WITH LUNCHTIME SALES OF WRISTBANDS AND OTHER THEMED ITEMS, HELPING TO RAISE AWARENESS AND SHOW SUPPORT FOR INCLUSIVITY. ON TUESDAY, STUDENTS EXPLORED A RANGE OF INFORMATION STALLS IN THE HALL, OFFERING INSIGHT INTO DIFFERENT CULTURES, IDENTITIES, AND TRADITIONS. WE WERE SO FORTUNATE AND PROUD TO HAVE THE FOLLOWING ORGANISATIONS AT THIS EVENT:

- WOMEN AND GIRLS NETWORK
- MOSAIC LGBT+ YOUNG PERSON'S TRUST
- BOLD VOICES
- LVA TRUST
- SHEWISE
- SOUTHBALL BLACK SISTERS
- MIND
- METROPOLITAN POLICE

WEDNESDAY BROUGHT THE FLAVOURS OF THE WORLD TO OUR TABLES WITH A GLOBAL FOOD SALE AT LUNCHTIME, WHERE STUDENTS AND STAFF ENJOYED DISHES FROM A VARIETY OF INTERNATIONAL CUISINES. WE HAD DISHES THAT WERE INDIAN, FILIPINO, KURDISH, PAKISTANI, AFGHAN, BENGALI, ALGERIAN, VENEZUELAN, ENGLISH, POLISH, KENYAN, SOUTH AFRICAN, BELGIAN, ITALIAN, SOMALI, GHANAIAI, NIGERIAN, NEPALESE AND SRI LANKAN.

THURSDAY'S ENTERTAINMENT SHOW TRANSFORMED THE HALL INTO A CELEBRATION OF MUSIC, DANCE, AND PERFORMANCE, SHOWCASING THE INCREDIBLE TALENTS FROM ACROSS OUR STUDENT BODY. A YEAR 10 STUDENT SAID "I REALLY LOVED THE FOOD SALE AND THE TALENT SHOW".

THE WEEK ENDED ON A HIGH WITH CULTURE DAY ON FRIDAY — A COLOURFUL AND JOYFUL DISPLAY OF TRADITIONAL CLOTHING AND SHARED STORIES THAT HIGHLIGHTED THE RICHNESS OF OUR DIVERSE COMMUNITY. HERE ARE SOME QUOTES FROM STUDENTS ABOUT THIS DAY;

"I LOVED HOW EVERYONE'S CULTURE WAS INCLUDED" (YEAR 7),

"THE ORGANISATION OF CULTURE DAY CATWALK WAS SO GOOD THIS YEAR" (YEAR 13)

"SEEING EVERYONE IN THEIR CULTURAL CLOTHES WAS NICE" (YEAR 10)

THE WEEK ALSO HAD A CHARITABLE FOCUS, AND THANKS TO THE GENEROSITY AND ENTHUSIASM OF OUR SCHOOL COMMUNITY, WE RAISED £1,100 FOR A GREAT CAUSE, DEMONSTRATING THE IMPACT WE CAN HAVE WHEN WE COME TOGETHER.



DIVERSITY



Student Diversity and Inclusion Club
Every fortnight Wednesday in the Sixth Form Centre

Are you someone who is interested in being a **part of a committee** that is taking **action as a school** to raise awareness of social or global issues that **impact our local and wider community??**

DIVERSITY of people, perspectives
EQUITY in policy, practice & position
INCLUSION via power, voice & organizational culture
JUSTICE with equal rights & equitable opportunities

SPEAKING UP

Global humanitarian issues
LGBTQIA+ communities
Gender related issues
E.g. Period poverty, violence against women
Race relations

These are just a few of the areas that will be discussed in our fortnightly meetings, so please do come along if you are passionate about anything that you would like us to raise awareness of as a school community.
Ms Agnihotri - Diversity & Inclusion Lead

Meetings in Autumn 2 will take place on the following dates:
Wednesday 6th November 2024
Wednesday 20th November 2024
Wednesday 4th December 2024
Wednesday 18th December

ST GEORGE'S DAY AND VE DAY

THIS TERM WE HAVE TAKEN TIME TO REFLECT ON IMPORTANT MOMENTS IN BRITISH HISTORY. DURING THE WEEK COMMENCING 28TH APRIL, EACH YEAR GROUP ATTENDED AN ASSEMBLY ON THE SIGNIFICANCE OF ST GEORGE'S DAY, EXPLORING THEMES OF COURAGE, COMMUNITY, AND HOW NATIONAL SYMBOLS CAN REPRESENT UNITY IN MODERN BRITAIN.

ON THURSDAY 8TH MAY, WE ALSO MARKED THE 80TH ANNIVERSARY OF VE DAY WITH A TUTOR ACTIVITY EXPLORING THE MEANING OF THE DAY, FOLLOWED BY TWO-MINUTE SILENCE IN THE AFTERNOON. STUDENTS REFLECTED ON THE SACRIFICES MADE DURING WWII AND THE IMPORTANCE OF REMEMBERING THOSE WHO FOUGHT FOR PEACE AND FREEDOM. UNDERSTANDING OUR SHARED HISTORY HELPS BUILD A MORE RESPECTFUL AND INFORMED FUTURE.



DIVERSITY AND INCLUSION IS NOT EXCLUSIVE TO THIS CLUB, THERE ARE ACTIVITIES THAT ARE EMBEDDED INTO THE TUTOR AND ASSEMBLY PROGRAMME, AS WELL AS VIA EVENTS AND FUNDRAISING OPPORTUNITIES THROUGHOUT THE SCHOOL YEAR.

JOIN DIVERSITY CLUB!

IT WOULD BE LOVELY TO HAVE MORE STUDENTS JOIN THE CLUB, AS REPRESENTATION OF ALL YEAR GROUPS AND BACKGROUNDS IS THE BEST WAY TO HAVE ALL VOICES HEARD. NEXT HALF TERM, THE TIMES AND DATES OF THE CLUB ARE BELOW:

LOCATION: SIXTH FORM CENTRE
TIME: 8.40 - 9.10 (TUTOR TIME)



MUSIC PERFORMANCES • DRAMA PERFORMANCES • FOOD & DRINK

CRAFT STALLS • WELLBEING ACTIVITIES • LOCAL BUSINESSES FAIR • AND MORE...

ARTS FESTIVAL

ART, PHOTOGRAPHY & TEXTILES EXHIBITION • FASHION CATWALK • FILM SCREENING

THURSDAY 26TH JUNE, 6PM-8PM



BRENTFORD SCHOOL FOR GIRLS
BRENTFORD & FORM

5 BOSTON MANOR ROAD, BRENTFORD,
MIDDLESEX TW8 0PG



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