



PERSONAL DEVELOPMENT

NEWSLETTER

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WELCOME TO THE LATEST EDITION OF OUR COMBINED NEWSLETTER ON PERSONAL DEVELOPMENT AT BRENTFORD SCHOOL FOR GIRLS. INSIDE YOU WILL SEE NEWS, ADVICE AND COMMENTARY FROM ALL OF OUR AREAS LINKED TO DEVELOPING YOUR DAUGHTER BEYOND EXCELLING IN ACADEMIC PERFORMANCE IN LINE WITH OUR VISION OF THE "BRENTFORD GIRL OF THE FUTURE".

INCLUDED IN THIS EDITION WE HAVE INFORMATION AROUND WHAT IS BEING TAUGHT IN PSCE (BLOSSOM), CAREERS INFORMATION, WHAT THE DIVERSITY GROUP FOCUS IS AT THIS TIME AND THE NEW EXTRA-CURRICULAR CLUB TIMETABLE AND ACTIVITIES DAYS.

WE HOPE YOU ENJOY THE PUBLICATION AND IT GIVES YOU A VALUABLE INSIGHT INTO THE WIDER WORK GOING ON IN THE SCHOOL TO DEVELOP YOUR DAUGHTERS TO FULFILL THEIR FULL POTENTIAL.



DIVERSITY

DIGEST



MESSAGE FROM MS. AGNIHOTRI DIVERSITY & INCLUSION LEAD

Our aim is to embed the education of the nine protected characteristics (Equality Act 2010) and educating young people to increase creativity, encourage open-mindedness and provide a wealth of opportunities.

Teaching diversity is part of our school vision;

“She is emotionally aware and emotionally intelligent...is ready to interact with others in the local and worldwide community; she accepts the welfare of others as her responsibility”.

LAUNCH OF THE DIVERSITY & INCLUSION BOARD IN THE CANTEEN

The purpose of this board is to raise awareness of the nine protected characteristics and give all students a chance to offer feedback, suggestions and reflections about areas they want to and to increase participation in discussions around diversity and inclusion.

Year 13 members created a remote assembly for all students across the school to inform them about what the purpose of the diversity student committee is and tell them about the launch of the Diversity and Inclusion Board in the canteen.

LAST TERM THE DIVERSITY STUDENT COMMITTEE HAD MEMBERS FROM ACROSS YEAR 11, 12 AND 13 AND THEY ENJOYED DISCUSSING GLOBAL HUMANITARIAN ISSUES,

AS WELL AS RESEARCHING AND UNDERSTANDING MORE ABOUT UPCOMING AWARENESS DAYS. THE DAYS THEY LEARNT MORE ABOUT OR WERE ADDRESSED THROUGH SCHOOL ASSEMBLIES ARE OUTLINED BELOW:

- 8TH MARCH – INTERNATIONAL WOMEN'S DAY
- 18TH-24TH MARCH – NEURODIVERSITY CELEBRATION WEEK
- 21ST MARCH – INTERNATIONAL DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION
- 27TH MARCH - 2ND APRIL – WORLD AUTISM ACCEPTANCE WEEK/WORLD AUTISM AWARENESS DAY
- 31ST MARCH - EASTER SUNDAY
- 10TH APRIL - EID AL-FITR
- 13TH APRIL - VAISAKHI





DIVERSITY DIGEST

3

SUMMER TERM

OVER THIS SUMMER TERM WE WILL BE FOCUSING ON THE FOLLOWING DURING THE COMMITTEE MEETINGS:

- AWARENESS DAYS FOR OUR NEWSLETTER AND TO SHARE WITH ALL STUDENTS ACROSS YEAR GROUP CLASSROOMS
- ORGANISING AND SUPPORTING DIVERSITY WEEK (17TH -21ST JUNE)
- ADVOCATING FOR STUDENT ENGAGEMENT WITH THE DIVERSITY & INCLUSION BOARD
- BUILDING ON KEY FOCI FOR KS3 AND KS4, WHICH WILL BE INFORMED BY A GOOGLE FORM.



YEAR 11 AND 13 STUDY LEAVE

YEAR 11 AND 13 HAVE FORMALLY STARTED THEIR STUDY LEAVE, SO WE WILL SADLY BE LOSING SEVERAL STUDENTS ON OUR COMMITTEE.

THEY WERE VERY PASSIONATE AND PRODUCTIVE DURING THEIR TIME IN THE CLUB. THEY PLAYED A **KEY ROLE IN RAISING £729.49** IN SUPPORT OF MÉDECINS SANS FRONTIÈRES, (DOCTORS BEYOND BORDERS) DURING THE DECEMBER HOUSE SALES. FUNDRAISING FOR A CHARITY THAT IS AT THE FOREFRONT OF HELPING THE VICTIMS IN THE ISRAEL-PALESTINE CONFLICT WAS IMPORTANT TO ALL OUR STUDENTS.



CURRICULUM UPDATES TO INCLUDE THE FOLLOWING:

- PSICHE/BLOSSOM: EXPLICIT LINKS TO ANY MATERIAL LINKED TO THE 9 PROTECTED CHARACTERISTICS AND UPDATE MATERIAL ON MARRIAGE AND CIVIL PARTNERSHIP AND PREGNANCY/MATERNITY
- CURRICULUM DEVELOPMENT IN SUBJECTS: WHERE TOPICS COVERED CAN BE LINKED TO ANY OF THE PROTECTED CHARACTERISTICS, THIS SHOULD BE MADE MORE EXPLICIT WHEN DELIVERING SUBJECT CONTENT E.G. FAMILY TYPES IN SOCIOLOGY CAN BE LINKED TO MARRIAGE AND CIVIL PARTNERSHIP



BLOSSOM

BULLETIN



MESSAGE FROM MS. WILLIAMS

As the Head of BLOSSOM, I am thrilled to bring you our latest bulletin, celebrating the achievements and progress we have made together during the school year so far. The months have flown by, and it has been fantastic to see the positive impact of our BLOSSOM program on students' growth and personal development.

Our students have delved into a range of vital topics this year, empowering them with the knowledge and tools needed for healthy, safe, and respectful living:

- Harmful Substances: We explored the risks associated with drug and alcohol misuse, providing students with strategies to make informed decisions and resist peer pressure.*
- Staying Safe: We emphasised personal safety, both online and offline, teaching students to navigate their environment and the digital world with caution.*
- Healthy vs. Toxic Relationships: Our sessions focused on identifying healthy relationships and understanding the warning signs of toxic dynamics, fostering emotional intelligence and self-worth.*
- Friendship and Bullying: Students learned how to cultivate respectful friendships and stand up against bullying in all its forms, fostering a supportive community.*
- Extremism and Radicalisation: We discussed the importance of critical thinking and respectful dialogue, equipping students to recognise and counter extremism in all its guises.*
- British Values: Students have engaged with fundamental British values such as democracy, the rule of law, individual liberty, and mutual respect, grounding them in civic responsibility.*

THANK YOU FOR YOUR CONTINUED SUPPORT OF BLOSSOM.

TOGETHER, WE CAN PROVIDE OUR STUDENTS WITH THE KNOWLEDGE AND TOOLS THEY NEED TO THRIVE.

BLOSSOM

BULLETIN

TOPICS THIS HALF TERM

YEAR 7	HEALTHY EATING
YEAR 8	RSE: CONSENT
YEAR 9	RSE: FAMILY RELATIONSHIPS
YEAR 10	RSE: SEXUAL HEALTH

TOPICS NEXT HALF TERM

YEAR 7	CAREERS
YEAR 8	ONLINE SAFETY
YEAR 9	CAREERS
YEAR 10	CAREERS



ONLINE SAFETY TIPS FOR PARENTS

Following our parent consultations this year, parents have asked for more detail on how we teach online safety to students.

In our increasingly digital world, it is vital to keep our children safe online. Here are some practical tips to help you set up a safe online environment at home:

Set Age Restriction Settings: Many online platforms and devices offer age-appropriate content filters. Make sure these are enabled to limit exposure to inappropriate material.

Regularly Review Your Child's Online Activity: Keep an open dialogue with your child about their online experiences and monitor their activity. Encourage them to speak up if they encounter anything disturbing.

Educate About Safe Online Behaviours: Teach your child to recognise and avoid potential dangers, such as sharing personal information, chatting with strangers, or engaging with questionable content.

Use Parental Controls: Explore the parental control settings on devices and apps your child uses to limit screen time and access to specific features.

Encourage Open Communication: Foster an environment where your child feels comfortable discussing their online experiences with you.

By implementing these tips, you can help ensure that your child navigates the digital world safely and responsibly.

EXTRA CURRICULAR NEWSLETTER

SUMMER IS UPON US AND THIS IS A GREAT OPPORTUNITY TO GET OUTSIDE IN THE FRESH AIR AND TRY SOMETHING NEW.

THE SCHOOL HAS LISTENED TO STUDENTS THROUGH A SURVEY AND ARE NOW OFFERING MORE CLUBS THIS TERM THAN BEFORE, GIVING MORE OPPORTUNITIES TO ALL. IF YOU ATTEND A SPORTS CLUB THERE IS MORE CHANCE TO BE SELECTED FOR THE SCHOOL TEAM AND REPRESENT THE SCHOOL IN MATCHES WITHIN THE BOROUGH.



THINGS STUDENTS HAVE SAID ABOUT EC CLUBS:

"I like athletics because you get to be outdoors. It's not too serious so you can still have fun with your friends but we still learn skills." A Stenson-Tait

7RF

"Netball was fun because it is an outdoorsy sport and still have fun with your friends." Salma Sadat

7RF

"It enables us to come together with people in other years and build our team working skills" Reva Fernandes & Marshall Osmani Year 10

WHY TAKE PART IN EXTRA CURRICULAR CLUBS?

- NEW FRIENDS
- DISCOVER NEW TALENTS
- DEVELOP SKILLS
- FUN!!
- FREE!
- GAIN EXTRA QUALIFICATIONS

TIMETABLE

MOST RECENT TIMETABLE ON THE SCHOOL WEBSITE

[EXTRA CURRICULAR TIMETABLE SUMMER TERM](#)

ONCE DECIDED WHAT CLUBS YOU WOULD LIKE TO PARTICIPATE IN COMPLETE THE SIGN UP FORM

[SUMMER TERM SIGN UP FORM](#)

ACTIVITY DAYS 2024

WE ARE PROUD TO HAVE OUR ANNUAL ACTIVITIES DAYS AGAIN THIS YEAR TO GIVE STUDENTS THE OPPORTUNITY TO BOND, EXPERIENCE NEW THINGS AND DEVELOP CULTURAL CAPITAL. THESE DAYS NORMALLY TAKE PLACE IN THE LAST WEEK OF TERM.

HOWEVER, FOLLOWING STAKEHOLDER FEEDBACK, WE HAVE CHANGED THE DATES THIS YEAR WITH YEAR GROUP TRIPS TAKING PLACE ON EITHER THE 18TH OR 19TH OF JUNE AND THE GENERAL TRIP OPPORTUNITIES TAKING PLACE ON 18TH JULY. THESE ANNUAL OPPORTUNITIES ENSURE THAT EVERY SINGLE STUDENT HAS THE CHANCE TO EXPERIENCE A TRIP EACH YEAR.

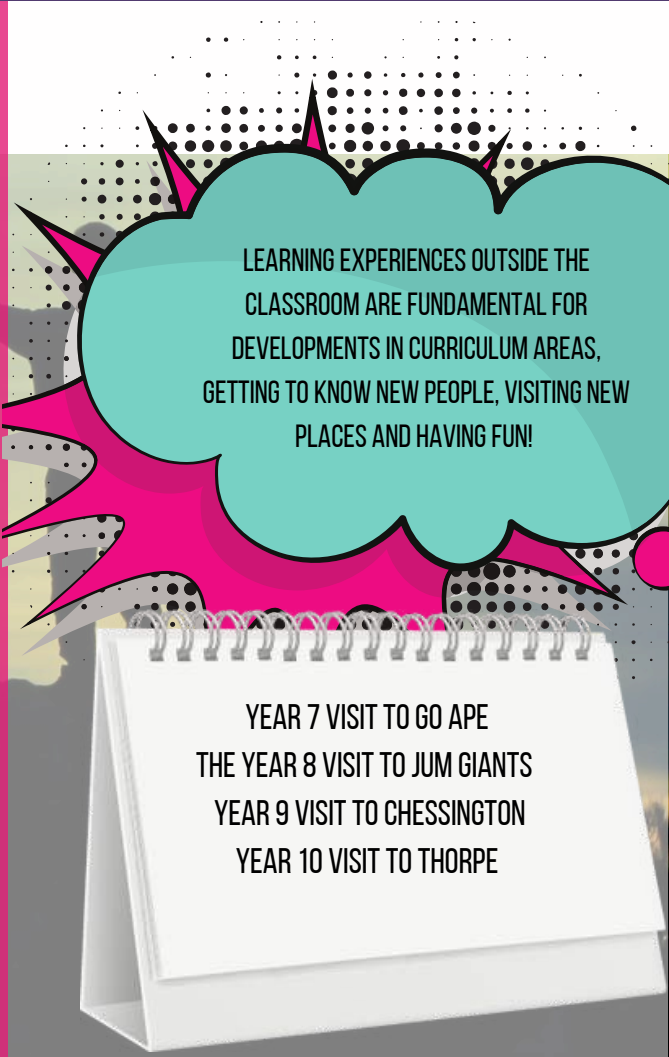
THE FIRST TRIPS, ORGANISED BY THE HEAD OF YEAR FOR THEIR RESPECTIVE YEAR GROUPS, ARE DESIGNED TO DEVELOP A SENSE OF BELONGING AND STRENGTHEN YEAR GROUPS COMMUNITIES. THE TRIPS THIS YEAR HAVE BEEN OFFERED AFTER CONSULTING WITH THE STUDENTS AND THE CHANGE IN DATE WILL HOPEFULLY ENSURE THAT QUEUES ARE SHORTER, AND THE STUDENTS EXPERIENCE MORE FROM ATTENDING. WE LOOK FORWARD TO HEARING ALL ABOUT THE YEAR 7 VISIT TO GO APE, THE YEAR 8 VISIT TO JUM GIANTS AND THE YEAR 9 AND 10 VISITS TO CHESSINGTON AND THORPE PARK RESPECTIVELY.

WE DO APPRECIATE THAT THE TRIPS DO NOT SUIT EVERYBODY AND LOOK FORWARD TO THE STUDENTS WHO CHOSE NOT TO TAKE THE OPPORTUNITY ARRIVING TO SCHOOL AS USUAL ON THOSE DAYS.

THE SECOND DAY OF ACTIVITIES IS AN OPPORTUNITY FOR STUDENTS TO EXPERIENCE MORE CULTURAL EXPERIENCES OR ENGAGE IN SOMETHING NEW. THESE TRIPS, ORGANISED BY THE HEADS OF DEPARTMENT, RANGE FROM MUSEUM VISITS, SPORTING EXPERIENCES, VISITING ART GALLERIES AND LEARNING CIRCUS SKILLS.

WE HAVE TRIED TO KEEP THE COSTS OF THE TRIPS LOW WHERE THERE IS A COST AND, MORE IMPORTANTLY, MOST TRIPS ARE FREE OF CHARGE!

STUDENTS WILL BE GIVEN THE CHANCE TO STATE A PREFERENCE FOR THE TRIP THEY WOULD LIKE TO BE CONSIDERED TO ATTEND. THE NUMBER OF TRIP OPPORTUNITIES IN THE SCHOOL ARE SOMETHING OF WHICH WE ARE VERY PROUD.



LEARNING EXPERIENCES OUTSIDE THE CLASSROOM ARE FUNDAMENTAL FOR DEVELOPMENTS IN CURRICULUM AREAS, GETTING TO KNOW NEW PEOPLE, VISITING NEW PLACES AND HAVING FUN!

YEAR 7 VISIT TO GO APE
THE YEAR 8 VISIT TO JUM GIANTS
YEAR 9 VISIT TO CHESSINGTON
YEAR 10 VISIT TO THORPE

ACTIVITIES

DAYS 2024

TRIPS ARE WHAT MEMORIES ARE BUILT ON AND WE LOOK FORWARD TO YOUR DAUGHTER'S TAKING PART.

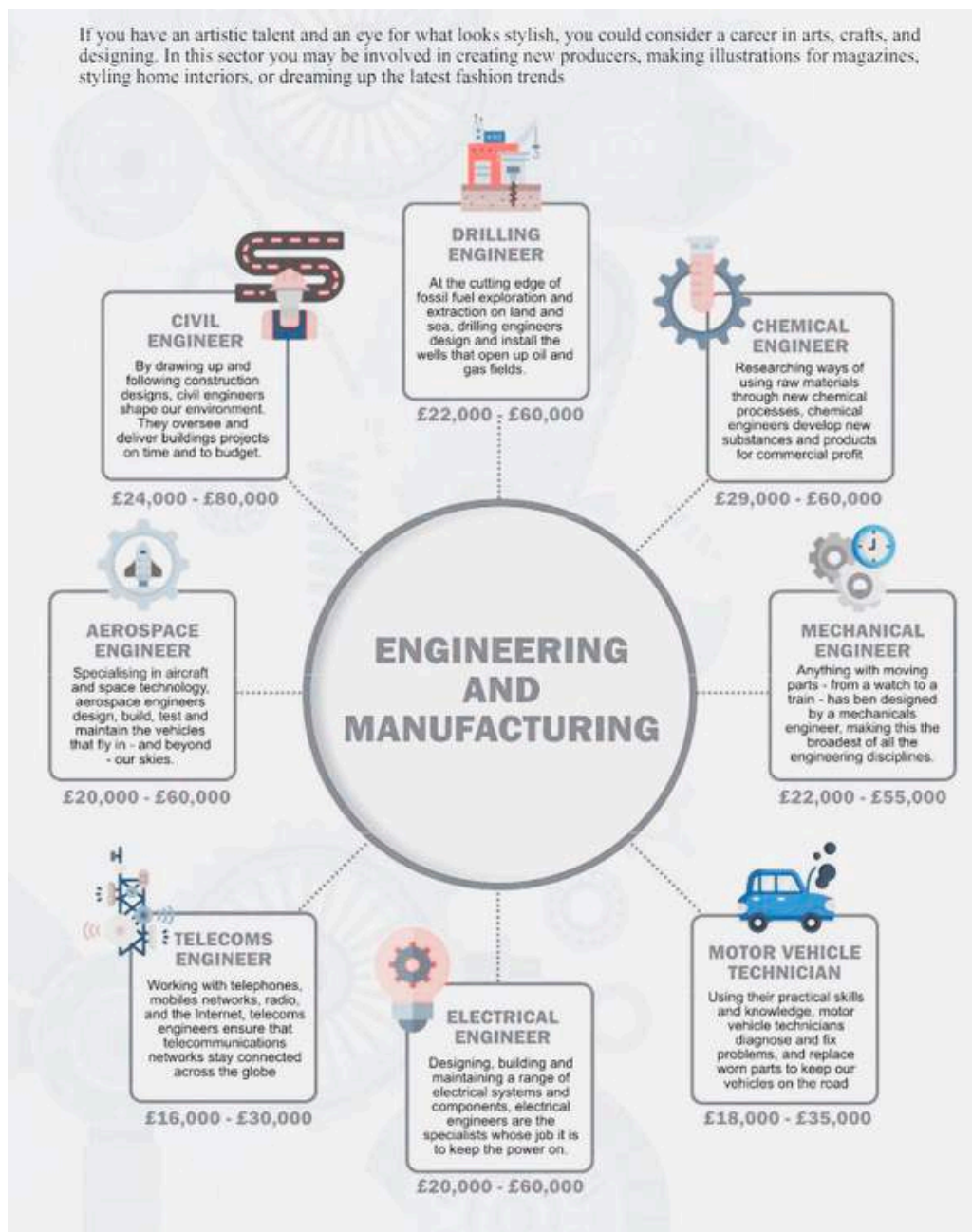


CAREERS

NEWSLETTER

CAREER SECTOR OF THE TERM

If you have an artistic talent and an eye for what looks stylish, you could consider a career in arts, crafts, and designing. In this sector you may be involved in creating new producers, making illustrations for magazines, styling home interiors, or dreaming up the latest fashion trends



CAREERS

NEWSLETTER

APPRENTICESHIPS INFORMATION



HOW DO THEY WORK?

On an apprenticeship, you're employed to do a real job while studying for a formal qualification, usually for one day a week either at a college or training centre.

By the end of your apprenticeship, you'll hopefully have gained the skills and knowledge needed to either succeed in your chosen career or progress onto the next apprenticeship level. What you'll learn depends on the role that you're training for. However, apprentices in every role follow an approved study programme, which means you'll gain a nationally-recognised qualification at the end of your apprenticeship.

APPRENTICESHIP LEVELS

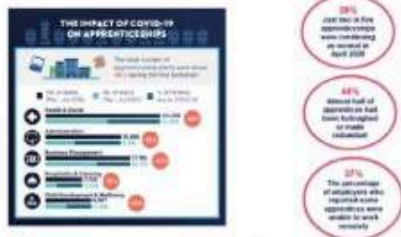
There are four different levels of apprenticeship:

- **Intermediate** - equivalent to five good GCSE passes.
- **Advanced** - equivalent to two A-level passes.
- **Higher** - equivalent to the first stages of higher education, such as a foundation degree.
- **Degree** - comparable to a Bachelors or Masters degree.
- Apprenticeship level structures vary across different countries in the UK.

TYPES OF APPRENTICESHIP

Most job sectors offer apprenticeship opportunities in the UK, with a wide range of specific roles on offer within each. Some local opportunities are:

The Impact of Covid-19



Apprenticeships Near You

Company	Role	Level
Vantage Pharmacy	Pharmacy Services Apprenticeship	2
L2 Her	Professional Apprenticeship	2
Nottingham Hospital	Childcare Apprenticeship	2
MRZ Stationery Distribution	Warehouse Operative Apprentice	2
Lindley's Auto Centres	Vehicle Maintenance and Repair Apprenticeship	3
I Rubber Ltd	Business Administration Apprentice	3
DDL Group (Nottingham) Ltd	IT Support Technician Apprentice	3
Brady Solicitors	Legal Administrator Apprentice	3

HOW DO I FIND ONE?

Go to <https://www.gov.uk/apply-apprenticeship>



The Application Process



Other Useful Websites:

- Nottingham University Hospitals**
www.nuh.nhs.uk/apprenticeships
- Nottingham City Council**
www.nottinghamcity.gov.uk/apprenticeships
- Boots**
www.boots.jobs/graduates-and-early-careers/apprenticeships
- E.ON**
www.eon.co.uk/careers/en/our-vacancies/early-careers/apprenticeships.html
- Experian**
www.experian.com/careers/locations/uk-ireland/uk-early-careers/apprenticeships
- Willmott Dixon**
www.willmottidixon.co.uk/apprenticeships
- Nottinghamshire Police** <https://www.nottinghamshire.police.uk/working-for-us/nottinghamshire-police-staff-apprenticeships>
- BT**
www.bt.com/careers/early-careers/apprenticeships
- McDonald's**
[://people.mcdonalds.co.uk/early-career-opportunities/apprenticeship-programme](http://people.mcdonalds.co.uk/early-career-opportunities/apprenticeship-programme)
- Network Rail**
www.networkrail.co.uk/careers/early-careers/apprenticeships