



EXTRA-CURRICULAR OPPORTUNITIES



AUTUMN TERM 1



OUR VISION

- SHE THRIVES ON CHALLENGE AND HAS A DESIRE TO FULFIL HER LEARNING POTENTIAL
- SHE IS ABLE TO THINK INDEPENDENTLY AND IS CONFIDENT IN HER SOCIAL AND ACADEMIC CAPABILITY
- SHE IS EMOTIONALLY AWARE AND EMOTIONALLY INTELLIGENT
- SHE IS CAPABLE AND DEPENDABLE
- SHE IS RESOURCEFUL AND INQUISITIVE
- SHE EMBRACES THE TECHNOLOGICAL WORLD AS A GLOBAL VILLAGE AND IS READY TO INTERACT WITH OTHERS IN THE LOCAL AND WORLDWIDE COMMUNITY
- SHE ACCEPTS THE WELFARE OF OTHERS AS HER RESPONSIBILITY
- SHE UNDERSTANDS THE NEED FOR SUSTAINABLE LIVING BOTH LOCALLY AND GLOBALLY
- SHE IS READY FOR LIFE IN THE FUTURE – WHATEVER THAT MAY BE.

IMAGINE YOURSELF AS THE FUTURE BRENTFORD GIRL

TO ENABLE YOU TO ACHIEVE THIS GOAL ONE OF THE KEY FOCI OF YOUR PERSONAL DEVELOPMENT IS TO ENGAGE IN EXTRACURRICULAR ACTIVITIES IN THE SCHOOL.

THIS BOOKLET OUTLINES THE OPPORTUNITIES AVAILABLE IN AUTUMN TERM 1 FOR YOU TO CHOOSE WHAT ACTIVITY YOU WILL TAKE PART IN FOR THE HALF TERM.

- **BE AMBITIOUS**
- **BE INQUISITIVE**
- **BE CONFIDENT**
- **BE COURAGEOUS**
- **BE FLEXIBLE**
- **BE REFLECTIVE**

BRENTFORD SCHOOL FOR GIRLS EXTRA CURRICULAR CLUBS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING HOMEWORK CLUB (YR 7-11) 07.00-07.50 MS DOHERTY (T1)	MORNING HOMEWORK CLUB (YR 7-11) 07.00-07.50 MS DOHERTY (T1)	MORNING HOMEWORK CLUB (YR 7-11) 07.00-07.50 MS DOHERTY (T1)	MORNING HOMEWORK CLUB (YR 7-11) 07.00-07.50 MS DOHERTY (T1)	MORNING HOMEWORK CLUB (YR 7-11) 07.00-07.50 MS DOHERTY (T1)
FREE BREAKFAST CLUB (YR 7-13) 08.00-08.50 MS PEARCE (CANTEEN)	FREE BREAKFAST CLUB (YR 7-13) 08.00-08.50 MS PEARCE (CANTEEN)	FREE BREAKFAST CLUB (YR 7-13) 08.00-08.50 MS DAVIES (CANTEEN)	FREE BREAKFAST CLUB (YR 7-13) 08.00-08.50 MS DAVIES (CANTEEN)	FREE BREAKFAST CLUB (YR 7-13) 08.00-08.50 MS DAVIES (CANTEEN)
LUNCHTIME HOMEWORK CLUB (YR 7-11) 12.50 - 13.25 6TH FORM STUDENTS (T1)	LUNCHTIME HOMEWORK CLUB (YR 7-11) 12.50 - 13.25 6TH FORM STUDENTS (T1)	LUNCHTIME HOMEWORK CLUB (YR 7-11) 12.50 - 13.25 6TH FORM STUDENTS (T1)	LUNCHTIME HOMEWORK CLUB (YR 7-11) 12.50 - 13.25 6TH FORM STUDENTS (T1)	LUNCHTIME HOMEWORK CLUB (YR 7-11) 12.50 - 13.25 6TH FORM STUDENTS (T1)
ACCESS TO LIBRARY (YR 7-13) 12.50-13.25 MS O'SULLIVAN (LIBRARY)	ACCESS TO LIBRARY (YR 7-13) 12.50-13.25 MS O'SULLIVAN (LIBRARY)	EAL CLUB (YR 7-9) 12.55-13.25 MR BUTTERWORTH (A3)	FOOTBALL (YR 7-13) 12.50-13.20 MR DEXTER (ASTRO)	VIOLIN CLUB (YR 7-13) 12.50-13.20 MS JONES (AG)
BASKETBALL CLUB (YR 7-13) 12.50 - 13.20 MS GIDDENS (CURIE GYM)	SCIENCE H/W CLUB (YR 7-11) 12.50-13.20 MR IRONS & MS ALEXIAN (M5)	SCIENCE CLUB (YR 7-13) 12.50-13.25 MR GARNER & MS ABDULLAHI (M6)	CHESS CLUB (YR 7-11) 12.50-13.25 MR IRONS (M2)	FOOTBALL (YR 7-13) 12.50-13.20 MS CHARBONNIER (ASTRO)
BADMINTON CLUB (YR 7-13) 12.50-13.20 MS BELL (PANKHURST GYM)	YEAR 7 CHOIR CLUB (YR 7) 12.50-13.20 MS MARTIN (AG)	ICT CLUB (YR 7-11) 12.50-13.20 MR MASRI (T4)	TRAMPOLINING (YR 7-11) 12.50-13.20 MS CURR (CURIE GYM)	DODGEBALL (YR 7-11) 12.50-13.20 MR DEXTER (PANKHURST GYM)
FOOTBALL (YR 7-13) 12.50-13.20 MS CURR (ASTRO)	ESPORTS CLUB (YR 7-13) 12.50-13.20 MR MASRI (T4)	NETBALL CLUB (YR 7-10) 12.50-13.20 MS GIDDENS (NETBALL COURTS)	TEXTILES CATCH UP (YR 9-11) 12.50-13.30 MS WELSH (D2)	MEDICAL SOCIETY (YR 10-13) 12.50-13.20 MS BELL (M3)
ACCESS TO LIBRARY (YR 7-13) 15.10-16.30 MS O'SULLIVAN (LIBRARY)	JUST DANCE (YR 7-11) 12.50-13.20 MS GIDDENS (PANKHURST GYM)	KEYBOARD CLUB (YR 7-13) 12.50-13.20 MS MARTIN (AG)	ACCESS TO LIBRARY (YR 7-13) 12.50-13.25 MS O'SULLIVAN (LIBRARY)	WRITERS UNLIMITED (YR 7-13) 12.50-13.25 MR HOLLOWAY/ MS HENNESSY (BP4)
GCSE PHOTOGRAPHY INTERVENTION (YR 9-11) 15.10-16.15 MS CURTIS (C10)	FOOTBALL (YR 7-13) 12.50-13.20 MS CURR (ASTRO)	ECO CLUB (YR 9) 12.50-13.20 MS SPILLANE & MS PARKER (P3)	YEAR 11 REVISION (YEAR 11) 12.50-13.20 MS YOUNG/MS VAN EEDEN (HUB)	ACCESS TO LIBRARY (YR 7-13) 12.50-13.25 MS O'SULLIVAN (LIBRARY)
	YOGA CLUB (YR 7-12) 15.20-16.20 MS JOYNAT (CURIE GYM)	NETBALL CLUB (YR 7-13) 15.10-16.30 MS GIDDENS (NETBALL COURTS)	ORIGAMI (YR 7-13) 12.50-13.20 MS O'SULLIVAN (LIBRARY)	VIOLIN CLUB (YR 7-13) 15.10-16.10 MS JONES (AG)
	SELF DEFENCE (YR 7-13) 15.20-16.30 COACH (PANKHURST GYM)	DEBATE CLUB (YR 7-10) 15.15-16.15 MS DOWNTON & MS SMITHSON (M146M15)	CODING CLUB (YR 7-13) 15.10-16.10 MR GARNER (T2)	
	GCSE PE INTERVENTION (YR 11) 15.10-16.30 MR DEXTER (T1)	ARTS AWARD CLUB (YR 10) 15.15-16.30 MS WELSH (D2)	ACCESS TO LIBRARY (YR 7-13) 15.10-16.30 MS O'SULLIVAN (LIBRARY)	
		SPORTS LEADERS (SPORTS LEADERS ONLY) 15.15-16.30 MS CURR (P1)	BRENTFORD FC FOOTBALL (YR 7-11) 15.15-16.30 BFC COACH (ASTRO)	
			ROWING CLUB (STUDENTS SIGNED UP) 15.15-16.30 KEANE ROWING	

SPRING TERM 2

KEY
BEFORE SCHOOL CLUB
LUNCHTIME CLUB
AFTER SCHOOL CLUB

AMBITIOUS | CONFIDENT | FLEXIBLE | INQUISITIVE | REFLECTIVE

SOME CLUBS IN THIS BOOKLET WILL BE FEATURED ON THE **EXTRA-CURRICULAR TIMETABLE**. THIS WILL INFORM YOU WHETHER THE CLUB WILL BE RUNNING BEFORE SCHOOL, AT LUNCH OR AFTER SCHOOL WITH ANY CLUBS YOU END UP WITH, IT IS IMPORTANT TO HAVE REGULAR ATTENDANCE.

WE WANT TO REWARD YOU FOR ATTENDING CLUBS. YOU CAN ASK YOUR TEACHER TO GIVE YOU A STICKER FOR ATTENDING. THESE WILL BE COLLECTED ON A RECORD CARD IN YOUR JOURNAL. FOR EVERY FIVE SESSIONS YOU ATTEND, YOU WILL BE PLACED IN A PRIZE DRAW. AT THE END OF EVERY HALF TERM. THE MORE CLUBS YOU ATTEND, THE GREATER THE CHANCE OF WINNING. IN ADDITION, WHEN USING PIXL EDGE, PLEASE REMEMBER TO SET TARGETS THAT RELATE TO THESE CLUBS.


Extra-Curricular Attendance Record Card

Please attend five extra-curricular activity sessions in the term to qualify for entry into a prize draw to win a voucher

Name _____ Form _____

Clubs Attended _____

Attendance Record—ask the teacher to acknowledge your attendance with a sticker



ARTS CLUB

THIS CLUB IS FOR ALL YEAR GROUPS AND ALL ABILITIES. THIS CLUB ENABLES YOU TO EXPLORE YOUR CREATIVITY AND BEING INVOLVED IN THE ANNUAL SCHOOL PRODUCTION. THE CLUB WILL ENABLE YOU TO DEVELOP YOUR SKILLS WITH A CLEAR FOCUS OF CREATING AND DECORATING SET PIECES AND PROPS FOR THE SCHOOL PERFORMANCE.





FRENCH CINE CLUB

THIS CLUB IS FOR YEAR 7 AND YEAR 8 STUDENTS WHO HAVE AN INTEREST IN LANGUAGES OR FILM. IN THE CLUB, YOU WILL WATCH AND EXPLORE FRENCH FILMS.

THESE WILL BE AGE-APPROPRIATE FRENCH FILMS WITH DISCUSSIONS AROUND CULTURAL / LINGUISTIC ASPECTS OF THE FILM.

ENTERPRISE CLUB



THIS IS A CLUB FOR YEAR 7 AND YEAR 8 STUDENTS TO LEARN AND EXPLORE HOW BUSINESSES ARE RUN. WE WILL CONSIDER BASIC ELEMENTS OF BUSINESS STUDIES AND HOW TO REALISE AN IDEA FOR MONEY-MAKING OPPORTUNITIES. THIS INCLUDES EXPLORING THE POSSIBILITY OF RUNNING A BUSINESS IN SCHOOL!



SCIENCE DEBATE CLUB

THIS CLUB IS DESIGNED FOR STUDENTS IN YEAR 9 WHO WANT TO DISCUSS KEY SCIENCE TOPICS IN THE NEWS. IT IS SUGGESTED THAT YOU HAVE A KEEN INTEREST IN SCIENCE AND DEVELOPING YOUR KNOWLEDGE AROUND SCIENCE CONCEPTS, NEWS AND CONTROVERSIES.



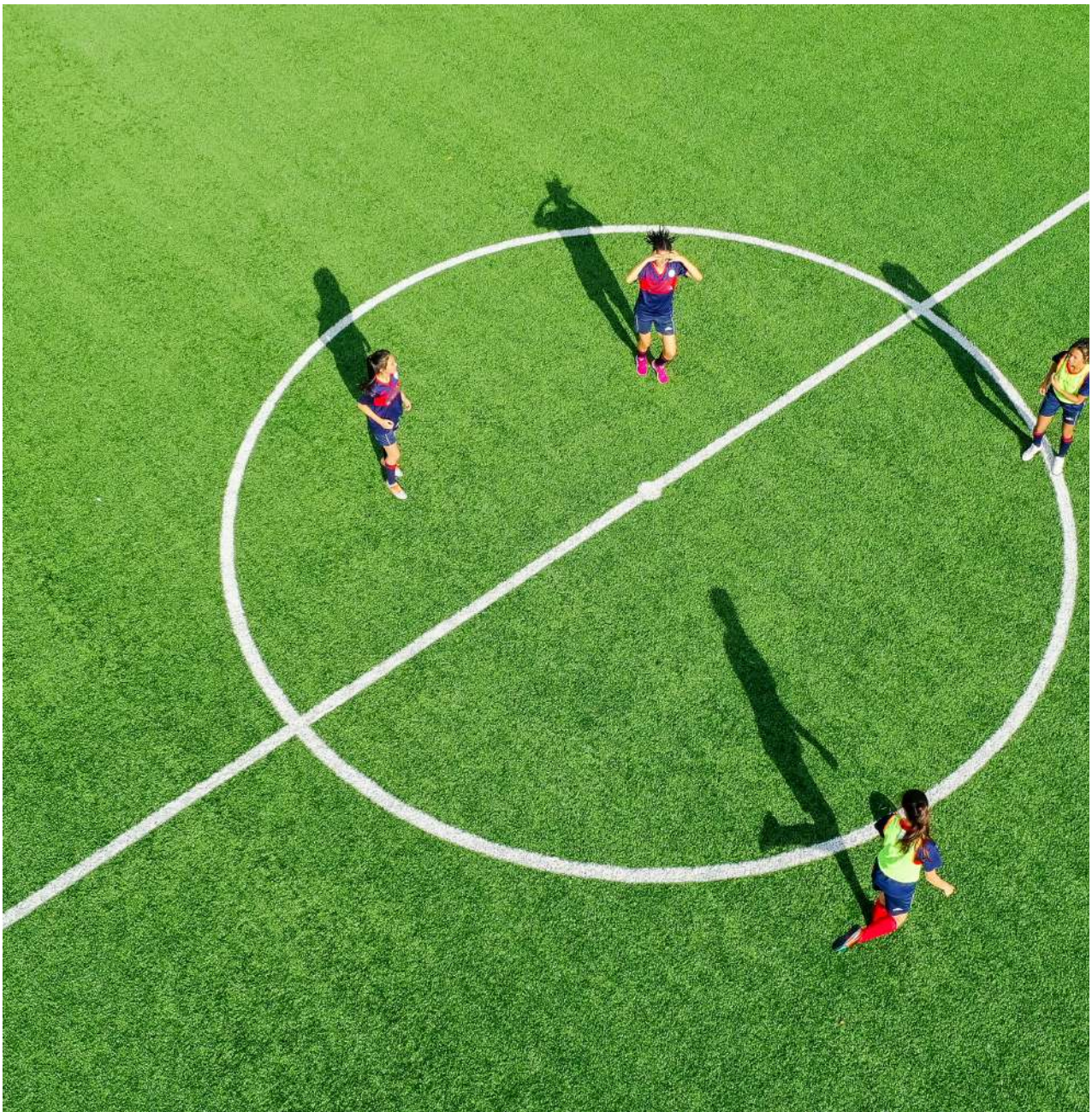
CHESS CLUB



THE CHESS CLUBS ARE AVAILABLE TO STUDENTS TO DEVELOP THEIR UNDERSTANDING OF CHESS AND BE ABLE TO PLAY EACH OTHER FOR FUN. THE CLUB IS FOR ALL ABILITIES AND NEWCOMERS ARE ENCOURAGED TO JOIN AND LEARN A NEW SKILL AS WELL AS EXPERIENCED PLAYERS.

FOOTBALL CLUB

THERE ARE A NUMBER OF FOOTBALL CLUBS TAKING PLACE AT SCHOOL. STUDENTS OF ALL ABILITIES ARE ENCOURAGED TO TAKE PART TO DEVELOP YOUR FOOTBALL SKILLS AND TO HAVE FUN. FOOTBALL IS A TEAM SPORT AND ENABLES KEY TEAM WORKING SKILLS TO BE DEVELOPED AS WELL AS FOOTBALL SKILLS. THERE ARE LINKS THAT THE SCHOOL HAS WITH BRENTFORD FC WHEN OPPORTUNITIES ARISE.



BADMINTON CLUB



THIS CLUB IS FOR ALL ABILITIES TO LEARN AND DEVELOP SKILLS IN BADMINTON.

BADMINTON IS A FUN SPORT WHICH USES A RACKET AND A SHUTTLECOCK WHICH CAN BE PLAYED AS A SINGLES GAME OR DOUBLES.

DODGE BALL CLUB

THIS SPORTS CLUB IS A FUN GAME FOR ALL TO TAKE PART IN. THE OBJECT OF THE GAME IS TO ELIMINATE PLAYERS BY THROWING BALLS IN THEIR DIRECTION AND TRYING TO HIT THEM.

HOWEVER, BEWARE AS IF THE BALL IS CAUGHT, THE THROWER IS ELIMINATED. AS WITH ALL SPORTS CLUBS, THIS ACTIVITY IS FOR STUDENTS OF ALL ABILITIES.



BASKETBALL CLUB



BASKETBALL IS A GAME THAT ORIGINATED IN THE USA AND IS A GROWING SPORT IN THE UK.

IN THIS CLUB YOU WILL GET THE OPPORTUNITY TO LEARN NEW SKILLS, DEVELOP EXISTING SKILLS AND, MOST OF ALL, ENJOY THIS EXCITING SPORT.





VIOLIN CLUB

EVER THOUGHT OF LEARNING A MUSICAL INSTRUMENT? IF SO, THE VIOLIN MAY BE THE INSTRUMENT FOR YOU. THE CLUB IS FOR ALL ABILITIES INCLUDING THOSE WHO HAVE NO EXPERIENCE OF A MUSICAL INSTRUMENT. THE SCHOOL HAS VIOLINS FOR YOU TO USE IF YOU DO NOT HAVE AN INSTRUMENT. BEING ABLE TO PLAY A MUSICAL INSTRUMENT CAN BE FUN AND A GOOD WAY TO RELAX.

WRITERS

UNLIMITED CLUB



THIS CLUB WAS STARTED IN 2022 AND IS DESIGNED TO ENCOURAGE STUDENTS WHO ENJOY WRITING TO DEVELOP AND EXPRESS THEMSELVES IN WRITTEN FORM. THIS IS FOR STUDENTS OF ALL ABILITIES WHO JUST ENJOY WRITING STORIES, POEMS OR OTHER FORMS OF CREATIVE WRITING. WORK FROM THE CLUB IS PUT TOGETHER IN A PUBLICATION AND HAS FEATURES IN THE HOUNSLOW HERALD.

VOLLEYBALL CLUB



DO YOU WANT TO TRY A SPORT WHERE A BALL IS PROPELLED BY HAND OVER A NET?

IF SO, VOLLEYBALL IS THE SPORT FOR YOU! THIS CLUB IS FOR STUDENTS OF ALL ABILITIES AND IS DESIGNED WITH ENJOYMENT, KEEPING HEALTHY AND LEARNING NEW SPORTS SKILLS AS THE MAIN GOAL.



DUKE OF EDINBURGH AWARD



THE DUKE OF EDINBURGH SCHEME WAS STARTED IN 1954. BY 2020, OVER 330,000 YOUNG PEOPLE EVERY YEAR EMBARK ON THE AWARD. BY COMPLETING THE DOFE PROGRAMME YOU WILL DEVELOP THE SKILLS AND ATTITUDES TO BECOME MORE ROUNDED, CONFIDENT ADULTS. THESE ARE QUALITIES THAT COLLEGES, UNIVERSITIES AND EMPLOYERS HOLD IN HIGH REGARDS. AT SCHOOL WE RUN THE BRONZE AND SILVER AWARDS WHICH INCLUDE EXPEDITIONS, TRIPS AND, MOST IMPORTANTLY, LEARNING AND ACHIEVING IN A FUN WAY.

NETBALL CLUB

NETBALL IS ONE OF THE MAIN SPORTS PLAYED IN SCHOOLS IN THE UK. THE SCHOOL HAS NETBALL TEAMS AND COMPETES AGAINST OTHER SCHOOLS ON A REGULAR BASIS. HOWEVER, NETBALL IS ALSO A FUN SPORT WHICH CAN BE ENJOYED BY ALL ABILITIES AND, AS A RESULT, ALL ABILITIES ARE INVITED TO JOIN THE CLUB AND LEARN ABOUT THE SPORT IN A FUN AND ACTIVE WAY.





PUZZLE CLUB

THIS CLUB IS DESIGNED FOR YEAR 7 AND YEAR 8 STUDENTS. IN THE CLUB, YOU WILL HAVE THE OPPORTUNITY TO TRY OUT A NUMBER OF WOODEN PUZZLES AND PLAY FOR FUN.

ORIGAMI CLUB



ORIGAMI IS THE ANCIENT ART OF PAPER FOLDING. THIS IS A RELAXING ACTIVITY WHICH ENABLES YOU TO DEVELOP YOUR CREATIVE SKILLS AND LEARN RESILIENCE.

THE CLUB IS FOR ALL AGE GROUPS AND ALL ABILITIES. WHAT WILL YOU BE ABLE TO CREATE USING THIS ANCIENT CREATIVE ACTIVITY?



AMNESTY INTERNATIONAL YOUTH CLUB

AMNESTY INTERNATIONAL ARE A CHARITABLE ORGANISATION THAT WORK ACROSS THE WORLD TO STAND UP FOR HUMANITY AND HUMAN RIGHTS.

AS A GROUP, WE WILL BE LEARNING ABOUT HUMAN RIGHTS AND EXPLORING LOTS OF GLOBAL CAMPAIGNS TO FIGHT FOR THE RIGHTS OF PEOPLE WHO ARE FACED WITH INJUSTICE. EACH WEEK WE WILL BE LOOKING INTO DIFFERENT CASES ACROSS THE WORLD AND CHOOSING WHICH CAMPAIGNS WE WOULD LIKE TO RESPOND TO AS A GROUP.

FROM THE CAMPAIGN 'PALESTINIAN AT HOME' WHICH INVOLVES LEARNING ABOUT AND COOKING TRADITIONAL PALESTINIAN FOOD TO CREATING AWARENESS CAMPAIGNS FOR LGBT+ EQUALITY, WE CAN LOOK INTO PEOPLE WHO HAVE BEEN WRONGLY IMPRISONED AROUND THE WORLD AND WRITE LETTERS TO SUPPORT THEM EVEN LOOK AT WHETHER THE DEATH PENALTY IS AGAINST PEOPLES HUMAN RIGHTS. THE ACTIVITIES WE WILL BE DOING WILL VARY FROM PROTEST POSTERS, TO CAMPAIGN LETTERS TO MP'S TO POTENTIALLY ORGANISING CHARITY EVENTS IN SCHOOL TO SUPPORT THIS ORGANISATION.

ARTS AWARD



ARE YOU INTERESTED IN THE ARTS BUT DO NOT CURRENTLY STUDY ANY AT GCSE? IF YOU ARE, THEN YOU MAY BE ABLE TO ACHIEVE AN ADDITIONAL QUALIFICATION BY JOINING THIS CLUB AND WORKING TOWARDS AN ARTS AWARD. THE ARTS AWARD IS A RECOGNISED QUALIFICATION WHICH IS AWARDED TO STUDENTS SHOWING THEIR CREATIVE SKILLS IN THE ARTS – ALL ART FORMS ARE APPLICABLE.



HOMEWORK CLUBS

HOMEWORK CAN PROVIDE CHALLENGES. WE HAVE A VARIETY OF HOMEWORK CLUBS AVAILABLE WHEN YOU NEED HELP. THE MORNING HOMEWORK CLUB RUNS FROM 8AM AND IS IDEAL IF YOU ARRIVE AT SCHOOL EARLY OR NEED TO DO THAT LAST MINUTE PRINTING FOR THE LESSONS ON THAT DAY.

LUNCHTIME HOMEWORK CLUBS ARE RUN CENTRALLY IN T1 WHERE 6TH FORMERS WILL BE ON HAND TO PROVIDE ASSISTANCE AND ADVICE IF NEEDED AS WELL AS YEAR GROUP SPECIFICALLY CLUBS RUN BY YOUR HOYS.

LIBRARY



THE LIBRARY IS A FANTASTIC FACILITY FOR A NUMBER OF REASONS AND HELPS WITH DEVELOPING YOUR INDIVIDUAL SKILLS. AS WELL AS OFFERING A QUIET PLACE TO READ OR TO GET A BREAK FROM THE HUBBUB OF THE SCHOOL AT LUNCHTIME, YOU CAN ALSO COMPLETE INDIVIDUAL WORK OR RESEARCH IN THE ICT SUITE.

THE LIBRARY FACILITIES ARE ALSO AVAILABLE AT THE SCHOOL FOR THOSE WANTING TO COMPLETE HOMEWORK OR RELAX BEFORE THEIR JOURNEY HOME.





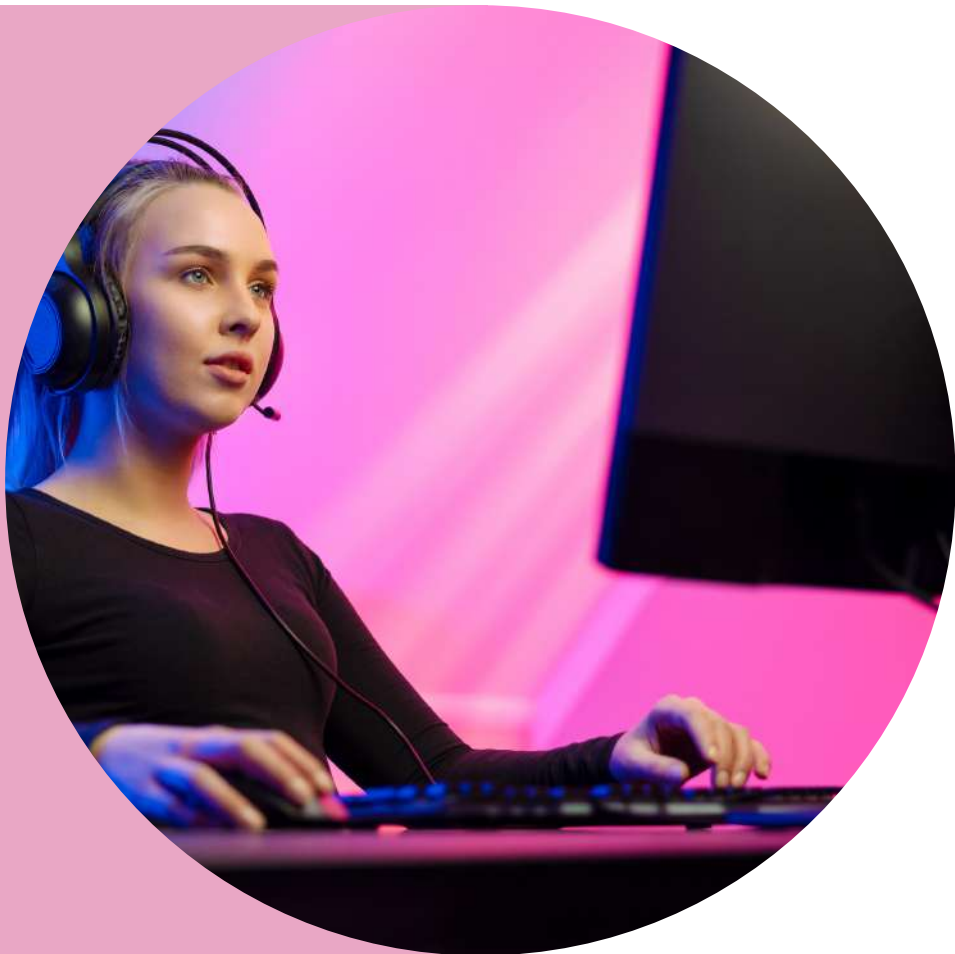
FRENCH/SPANISH FOR BEGINNERS

LEARNING A LANGUAGE IS AN IMPORTANT SKILL AS YOU NEVER KNOW WHEN YOU WILL NEED IT. IT IS ALSO AN IMPORTANT SUBJECT FOR UNIVERSITIES AND THE EXPANDING WORLDWIDE WORKPLACE.

THIS CLUB IS DESIGNED TO HELP INTRODUCE YOU TO A NEW LANGUAGE IF YOU ARE NOT CURRENTLY STUDYING IT OR TO FURTHER DEVELOP YOUR SKILLS IN THE SUBJECT YOU ALREADY STUDY.

E-SPORTS CLUB

AS PART OF OUR STATUS AS A DIGITAL SCHOOLHOUSE, WE OFFER A CLUB DEVOTED TO COMPUTER GAMES. THE SCHOOL HAS NINTENDO SWITCH CONSOLES AND GAMES ON WHICH STUDENTS CAN DEVELOP THEIR GAMING SKILLS. THE DIGITAL SCHOOLHOUSE SCHEME ORGANISES A VARIETY OF COMPETITIONS THROUGHOUT THE YEAR WHERE YOU COULD REPRESENT THE SCHOOL BY BEING A PART OF THIS CLUB.



ICT CLUB



CODING HAS BECOME AN IMPORTANT SKILL IN TECHNOLOGY. THE INDUSTRY IS KEEN TO ENCOURAGE YOUNG PEOPLE TO DEVELOP CODING SKILLS AND TAKE THE JOBS OF THE FUTURE. THIS IS A PARTICULAR FOCUS TOWARDS GIRLS IN SCHOOLS. WITH SEGA BEING A BUSINESS IN THE LOCAL AREA, DEVELOPING THESE SKILLS COULD OPEN UP OPPORTUNITIES FOR EMPLOYMENT IN THE FUTURE. AS PART OF THE CLUB, WE ARE LOOKING TO GIVE THE OPPORTUNITY FOR YEAR 9 STUDENT TO GAIN A GCSE QUALIFICATION IN COMPUTER SCIENCE. ATTENDING AT ANY AGE WILL ALLOW THIS OPPORTUNITY.

