



# BRENTFORD SCHOOL FOR GIRLS

## BRENTFORD 6<sup>th</sup> FORM

VISION | CREATIVITY | EXCELLENCE

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### Stomach Ache

If a female individual presents to you concerns of a stomach ache your aim is to find out the cause by asking a number of questions:

Are you on or due to start your period? Is it the middle of your cycle and possibly pain from the fallopian tube – the treatment here is to give paracetamol or Ibuprofen.

Are you hungry? Have you eaten this morning? – breakfast bars are kept in Wellbeing and given to students who haven't eaten

Have you been to the toilet this morning? – possible constipation – student encouraged to drink plenty of water – water given if they do not have any

Do you also feel sick? Diarrhoea? - possible stomach upset - student encouraged to drink plenty of water – water given if they do not have any

Have you been doing any unusual exercise? – possible pulled muscle – Ibuprofen offered.

Take the individuals temperature:

Temperature guidelines – a single use TempaDOT Thermometer is used. If her temperature is over 37.5 degrees, then the parents are called.

### **If it is none of these:**

Ascertain how severe the pain is by watching the individual carefully. If at all concerned the student's parents should be called or the student should be taken to hospital.

**"TOP 100 NON-SELECTIVE STATE-FUNDED SCHOOLS IN THE COUNTRY" NICK GIBB, MINISTER OF STATE FOR SCHOOLS (FEBRUARY 2016)**

