JUNE 2023 VOL. 1

BLOSS Our Half-Termly PSHCEE Newsletter



Personal Development and The Brentford Girl

We are thrilled to present our BLOSSOM Bulletin, keeping you informed about the exciting topics and events happening this half term.

BLOSSOM, which stands for Body, Love, Opportunities, Self, Society, and open-mindedness, is our personalised approach to Physical, Social, Health, Citizenship, Emotional, and Economic Education (PSHCEE).

Everything we do in BLOSSOM is aimed at developing our students both personally and academically so that they leave us well-prepared for the future, no matter what it looks like.

IF YOU HAVE ANY QUESTION/CONCERNS RELATING TO BLOSSOM

Feel free to contact Ms. Williams
(Head of BLOSSOM)
mwilliams@brentford.hounslow.sch.uk

WHAT IS BEING STUDIED THIS HALF TERM:

YEAR 7 CAREERS

INTRODUCTION TO CAREERS

YEAR 8 FAMILY RELATIONSHIPS (PSE)

FAMILY TYPES, POSITIVE RELATIONSHIPS, CONFLICT MANAGEMENT, FAMILY LAW

YEAR 9 CAREERS

MOTIVATION, WORK-LIFE BALANCE, DECISION MAKING, QUALIFICATIONS LANDSCAPE

YEAR 10

F.E. OPTIONS, QUALIFICATION PATHWAYS, PREPARATION FOR EMPLOYER INTERVIEWS

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Online Safety Top Tips

by Miss Williams

As we approach the Summer Holidays, unstructured time often means more screen time. Here are some reminders of the advice given at school about how to stay safe online:

- 1. Keep Personal Information Private: It's important to protect your personal information online. Avoid sharing your full name, address, phone number, school name, or any other personal details with strangers online. Be cautious while creating usernames or email addresses, and don't use your real name or any identifiable information.
- 2. Be Mindful of Online Friends: While making friends online can be fun, remember that not everyone may be who they claim to be. Be cautious when accepting friend requests or engaging in conversations with people you don't know in real life.
- 3. Think Before You Share: Be careful about what you share online, including photos, videos, or anything that may identify you or your location. Once something is shared online, it can be challenging to remove it completely.
- 4. Practice Safe Social Media Habits: Social media can be an enjoyable way to connect with friends, but it's crucial to use it safely. Set your profiles to private, allowing only trusted friends to see your posts and information.
- 5. Talk to a Trusted Adult: If you ever feel uncomfortable or encounter something online that makes you feel unsafe, don't hesitate to talk to a trusted adult, such as a parent or guardian.

Parents, please note that fostering open and honest communication with your child is vital. Regularly discuss online safety topics, educate them about potential risks, and encourage them to approach you if they have any concerns or come across anything troubling online.

UPCOMING EVENTS:

- 1. RSE (Relationships and Sex Education)
 Parental Consultation Evening: We are planning to hold a parent consultation session evening (date to be confirmed). In the evening we will discuss important aspects of relationships and sex education. If you are interested in attending the evening, please complete the form https://forms.gle/TMLnDJ2irD4sHwKaA. We will then inform you of the date and time when decided
- 2. Careers Week: Mark your calendars for the week beginning June 26th! We have an exciting lineup of activities and events planned to help students explore various career paths, gain insights from industry professionals, and envision their future aspirations.
- 3. Year 12 PSHCEE Afternoon: On July 7th, Year 12 students will participate in a dedicated PSHCEE afternoon, focusing on important topics related to their personal growth, well-being, and future plans.
- 4. Pride Month: Join us in celebrating Pride Month in June, where we embrace diversity, promote inclusivity, and foster a culture of acceptance and understanding.
- 5. South Asian Heritage Month: In July, we pay tribute to the rich heritage, traditions, and contributions of the South Asian community.

QUALITY IN CAREERS STANDARD

We are delighted to share that Brentford School for Girls has been awarded the Quality in Careers Standard.

Ms. Brown, our Careers Coordinator, has been the driving force in achieving this standard.

We are proud to achieve this national quality award for careers education, information and advice and guidance in schools, colleges and work based learning. It is fully aligned with the Gatsby Benchmarks and fully complies with the Department for Education's Statutory Guidance